## **Monroe Elementary PTO Parent Meeting**

Tuesday March 15th, 2022--- 7:00pm

#### I. Call to order

- A. Introduction of board members
- B. Attendance: Jill Smith, Steph Gettys, Kristin Banks, Elizabeth Flickenger, Mary Hawkins, Karina (guest speaker-therapist)

### II. Guest Speaker Karina from Valley Counseling Center

- A. With Covid being so uncertain, being able to get help for situations for families is super helpful
- B. Worksheet given on Resources: "Biglifejournal.com, onoursleeves.org, calm.com app, headspace.com"
- C. Counseling for students is super helpful. Their goal is to decrease the stigma involved with counseling and mental health
- D. Questions
  - 1. What insurance do you guys take? -Most large network insurances.
  - 2. Is there a wait? -There isn't too much of a wait- 2 weeks
  - 3. Just added new positions to staff, including two art therapists
  - 4. Do you have licensed therapists, psychologists, etc? There are no prescribing doctors on site
- E. Dr Ward says that we work a lot with a social worker who could possibly help if your insurance doesn't cover it.
  - 1. If you know anyone who needs help, have them contact Megan
- F. Family and children sessions are available. At the age of 14, a child can choose to not have parents involved in their counseling. Most parents are involved in the sessions

### III. Secretary's Report

- A. Website is updated with information
- B. Will continue to add events to website and Facebook page

# IV. Treasurers Report

- A. Walk for Monroe Revenue- 26,731.00
- B. Budget vs. actual is listed on PTO webpage

#### V. Principals Report

#### A. Student updates

- 1. First PTO in person meeting we have had in a long time
- 2. Masks went optional and students were no longer 6 feet apart
- 3. Retraining the children because unexpected behaviors are on the rise
- 4. It's been 2 years since they have sat together with friends
- 5. We're also seeing a lot of students struggling to reel in their emotions
  - -Increased anxiety, decrease in independence, struggling with aspects of play.
  - -Kids are struggling to play just in general, whether together or alone
  - -Students went into survival mode during Covid.
- 6. Seeing many more "no's" to adults, but not in a defiant way
- 7. Staff is really trying to make strides with the students' mental health
  - a. Mrs. Biddle is part of a committee that is reading a book called "Lost At School"
  - b. book is about finding different ways to make strides to grasp a different approach to handle different situations.
- 8. Staff is focusing on zones of regulation-just like the movie "Inside Out"
- 9. Seeing some technology issues at home.
  - a. REMINDER: The students' tablets are not locked at home the way they are locked at school so be aware what they are looking at
- 10. The district is working on "Portrait of a graduate" with a committee.
  - a. The goal of this is to develop a plan to ensure that all students are ready to leave CV with the 3 E's- Enlist, Enroll, Employed

### B. Important dates

- 1. Friday is an in-service day for teachers
- 2. April 12<sup>th</sup> is the Senator's game
  - a.  $4^{th}$  and  $5^{th}$  graders will be singing the national anthem

- 3. April 13<sup>th</sup> is asynchronous school day
- 4. PSSAs are happening

#### C. Staff Updates

- 1. Miss Hedin-returned from maternity leave
- 2. Mrs. Brooks-extending her maternity leave
- 3. Becky Brandt is the building star-Staff got to choose

## VI. Committee Reports

- A. Two volunteers still needed for the audit
  - 1. Volunteers will randomly choose receipts to compare to the paperwork to see if Treasurer's info is correct
- B. Volunteer to run the elections
  - 2. Nominations need to be sent home by April 4<sup>th</sup>
- C. Volunteer to run the silent auction this year
  - 1. We've already started by sending out solicitation letters to the businesses to get donations for the silent auction
  - 1. The biggest part we need done is the silent auction night itself.
  - 2. Volunteer will work with Missy Gates and learn what to do
  - 3. Need someone who is interested in learning it this year, and then taking over for Missy next year
- D. Art night is going to be virtual this year again.
  - 1. Miss Jardine shows the students' artworks, etc. Hopefully we can go back to in person next year
- E. Bingo night is on Friday March 25th 630-8
  - 1. It won't be quite like previous bingo years
  - 2. will only be winners who get prizes this year, not everyone
  - 3. Chris W. will need some help with handling money and tickets at the door
  - 4. Kids get a free bingo ticket if they turned in 20 fliers for walk for Monroe
- F. Directory-still waiting to hear back why we don't have it yet
- G. Family dance night- Will be held in Spring

- H. Food truck Fridays- in the works and being planned for April on Fridays after school
- I. Greenhouse is not happening this year, but hopefully will happen next year
- J. Hershey Park tickets
  - 1. Jill updated the form today with the correct information on the paper to go home to the parents.
  - 2. Students can bring it back or it can also be dropped off to the office.
  - 3. Jill will upload to Facebook if people want to print it off
  - 4. Reminder that parking is not free
  - 5. Tickets this year are 39.95
  - 6. Hershey Park is going cash-less: They will have reloadable cards available
- K. Kindergarten registration is online this year
- L. April 21<sup>st</sup> is the Knowledge-a-thon dinner
  - 1. In-person, in the cafeteria, from 5:30-6:45PM
  - 2. Trying to get ahold of Mechanicsburg Chik Fil A to order
- M. Movie night- may not happen this year
- N. Screen free week
  - 1. Discussed maybe doing that in April, the same week that we have the skating party
  - 2. We have a budget for prizes- grand prize was usually Hershey Park tickets, then everyone else would get a small prize for completing screen free week
- O. Skating party is happening sometime in April. We will give more info as we have it.
- P. Volunteer meeting for the spring fair-
  - 1. March 29<sup>th</sup> at 6PM in the Library at Monroe. This date will go out on the Facebook page.
  - 2. Will need many volunteers
  - 3. Spring Fair is May 13<sup>th</sup>, all day-There will be a time to sign up for everything

- Q. Yearbook update- it is done pending some minor review
  - 1. Sold 238 yearbooks-including 85 purchased for the 5<sup>th</sup> graders by PTO.
  - 2. There will be extras as well if anyone needs them.
  - 3. Also looking for someone to chair that event for next year

**Comments/Questions:** Amy will contact someone from the Attorney General's office to speak at a future meeting

### **Next Parent Meeting:**

Tuesday May 17th, 2022 at 7:00 PM